

Week3	Monday	Tuesday	Wednesday	Thursday	Friday
Main meals	Chilli con carne with rice	Sausage casserole	Roast Chicken with served with roast potatoes	American Burger Or Hot dog	Traditional Fish And chips and breaded chicken
Vegetarian	Vegetable Cottage Pie	Quorn Green Curry	Potato and cheese bake	Potato cheese Gratin	Leek onion and potato hot pot
Vegetable/salad accompaniments	Spring greens or seasonal salad	Vegetable mix/carrots Or seasonal Salad	Green Cabbage or seasonal salad	Carrots or seasonal Salad	Peas or seasonal Salad
desserts	Cake, flap jack, fruit, Jelly	Hot pudding, cake, fruit, Jelly	Cake, flap jack, fruit, Jelly	Hot pudding, cake, fruit, Jelly	Cake, flap jack, fruit, Jelly
Grab and Go	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings
	Range of sandwiches and salads and Panini	Range of sandwiches and salads and Panini	Range of sandwiches and salads and Panini	Range of sandwiches and salads and Panini	Range of sandwiches and salads and Panini