

Week1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meals	Lasagne el Forno	Chicken Jalfrezy	Traditional Roast Beef	American Burger Or Hot dog	Traditional Fish And chips and breaded chicken
Vegetarian	Italian Pasta With fresh vegetables	Vegetable Tajin	Vegetable Moussaka	Vegetable Balti	Macaroni Cheese
Vegetable/salad accompaniments	Cauliflower or seasonal salad	Sweet corn/carrots Or seasonal Salad	Green beans or seasonal salad	Sweet corn or seasonal Salad	Peas or seasonal Salad
desserts	Cake, flap jack, fruit, Jelly	Hot pudding, cake, fruit, Jelly	Cake, flap jack, fruit, Jelly	Hot pudding, cake, fruit, Jelly	Cake, flap jack, fruit, Jelly
Grab and Go	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings	Pizza selection Pasta Pasta offer Jacket potato topped with hot or cold fillings
	Range of sandwiches and Panini	Range of sandwiches and Panini	Range of sandwiches and Panini	Range of sandwiches and Panini	Range of sandwiches and Panini